

Preliminary PROGRAM

THE HAND & WRIST

Monday, July 2, 2018

08.30 Registration (Yellow lecture hall)

Part 1: Treatment of the distal radius and scaphoid fractures

09.00 Opening and welcome

Ruud Deijkers, The Hague

09.05 Wrist fractures (*dorsal plating, volar plating*)

Zulfi Rahimtoola, Berkshire-Oxford, UK

09.25 Scaphoid fractures, primary (*screw fixation*)

Zulfi Rahimtoola, Berkshire-Oxford, UK

09.40 Scaphoid fractures, complex (*volar plating, bone grafts*)

Simon Strackee, Amsterdam

10.00 Scaphoid vascularized grafts (*vascularized graft from dorsal and volar*)

Prof. Henk Coert, Utrecht

10.20 Coffee break

10.35 HANDS-ON session I (each participant makes is own choose from)

Volar wrist plating (different exposures), dorsal plating, bridging plate,

Scaphoid screw fixation, volar plating scaphoid, Matti-Russe, Zaidenberg procedure

12.15 Lunch

Part 2: Treatment of carpal instability and DRUIJ instability

13.00 Carpal instability and perilunar dislocations (*biomechanics, classification*)

Simon Strackee, Amsterdam

13.20 SL lesion (*direct repair and capsulodesis, 3- ligament tenodesis, dorsal & volar repair*)

Zulfi Rahimtoola, Berkshire-Oxford, UK

13.40 LT lesion (*LT reconstructions*)

Prof. Henk Coert, Utrecht

13.55 DRUIJ instability and TFCC repair (*open reconstruction, Adams procedure, reinforcement oblique bundle*)

Prof. Henk Coert, Utrecht.

14.15 Ulna shortening osteotomy (*techniques and pitfalls*)

Simon Strackee. Amsterdam

14.35 Tea break

14.55 HANDS-ON session II (each participant makes is own choose from)

SL repair, dorsal capsulodesis, 3-ligament tenodesis, dorsal & volar SL repair, LT reconstructions, TFCC repair (dorsal and volar), Adams procedure, reinforcement distal oblique bundle, Ulnar shortening osteotomy

17.00 Evaluation (panel discussion)

Ruud Deijkers, The Hague

17.30 Closing remarks and drinks